

# Living Above the Line

## Overview

This is a particularly powerful session that can lead a participant to approach their life and their leadership in a totally new light, providing them with the necessary tools to take better control of both.

Living Above The Line is the discovery that we all carry inside ourselves an imaginary line. Above it we are in a position of love, creativity, unity and positiveness and this is how we experience life. Below the line we are in a mode of destructiveness, fear and negativity.

Learning to control our self-talk is the first step towards learning to live and lead others above the line.

This particular session will go a long way towards further building cooperation and effectiveness.

## Objectives

- To give participant tools on how to build new habits
- To reverse the law of entropy (things naturally tending towards disorder and decay)
- How to control what we say
- To leave people with no doubt as to why they should never live below the line

## Outline

- Explanation of living above the line
- Being consciously unconscious
- Becoming a great lover of life
- 100 words for a more positive, creative vocabulary
- Seven steps to becoming a great lover of life
- Our definition of love: "Looking for good"
- Why should we never fall below the line?
- A quick review